

# **Grief Support Groups Fall/Early Winter 2021**

Join us to share with others, to express feelings and to learn to cope again following the loss of a loved one.

## **Support for Adults**

All sessions are held in the comfortable, safe and private offices of Moorestown Visiting Nurses & Hospice **300 Harper Drive, Moorestown NJ 08057** 



### **Covid-19 Grief Support Group**

For losses during, or as a result of the pandemic **Wednesdays at 6:00 pm** 9/15, 9/29, 10/13, 10/27, 11/10, 11/24, 12/22, 1/5, 1/19



**Recent Widow & Widower Grief Support Group** (Less than 2 years) **Wednesdays, 2:00 pm** 9/15, 9/29, 10/13, 10/27, 11/10, 11/24, 12/8, 12/22, 1/5, 1/19

 Loss of a Family Member or Friend Grief Support Group Wednesdays at 6:00 pm 9/22, 10/20, 11/17, 12/15, 1/12

**LGBTQI Grief Support Group Thursdays 6:00 pm** 9/16, 10/14, 12/16, 1/13

You may join a group at any time.

## **Expressions for Children**

**Grief Support Group for Ages 7-13** 

All sessions 6:00pm—7:15pm Tuesdays: 11/23, 12/21, 1/8 Thursdays: 10/7, 10/21, 11/11, 12/9, 1/18 300 Harper Drive, Moorestown NJ



Hands-on art-based activities designed to help children process grief while learning positive coping strategies.

### **Coping With the Holidays When We Are Grieving**

One-time session

Adults: Tuesday, November 30 at 6:00 pm Children ages 7-13: Thursday, December 2 at 6:00 pm 300 Harper Drive, Moorestown NJ 08057

Learn positive coping strategies, share experiences and connect with others who have experienced loss.

## Service of Remembrance

Thursday, November 18 at 6:30pm Cambridge Enhanced Senior Living 255 East Main Street Moorestown, NJ 08057

A heartfelt memorial service with live musical accompaniment. Free. Children are welcome to attend with adult accompaniment.

RSVP/PRE-REGISTRATION REQUIRED FOR GROUPS, at least 24 hours in advance, Call (856) 552-1300, ext. 2507 or

E-mail, vasko@moorestownvna.org

Please share your phone number and email address when you register

Names and information shared during group sessions are confidential and

should not be shared with those outside the group. Thank you

services@moorestownvna.org www.moorestownvna.org facebook/moorestownvna

Support groups/programs are free and open to all. Donations are gratefully accepted.

#### NONDISCRIMINATION

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### LANGUAGE ASSISTIVE SERVICES

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (856) 552-1300.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電(856)552-1300